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Jackass star brings standup to Winnipeg

Steve-O. Reality star worked hard to transfer fearlessness from the screen to the stage

JARED STORY
winnipeg@metronews.ca

He's swum with sharks, snorted wasabi and gotten off-road ink, but Steve-O's craziest stunt may be the first time he attempted standup comedy.

Seven years ago, a comedian friend invited Steve-O to an L.A. gig, asking the Jackass star to simply "get onstage and do something crazy."

"I didn't give any thought to what crazy stuff I would do but when I showed up and looked around, it came to me, 'There's nothing I could possibly do that would be crazier than trying standup'," said Steve-O, 39, who was born Stephen Gilchrist Glover.

"I was seriously terrified. Just like before a stunt I was like 'F–k, I'm going to do it. Oh s–t.' Waiting for my turn to get onstage, I was just sitting there thinking about what I could say to get laughs. I was only onstage for a few minutes, but it turned out to be the best experience."

First time lucky? Maybe, but since that set Steve-O has committed himself to the comedic craft. He said two comics, Dane Cook and Bryan Callen (an original MADtv cast member), helped him translate his stuntman fearlessness to the stage.

"Early on, I would go, 'I'm never going to tell that story about kissing my Jackass castmate's penis again'," Steve-O said. "Bryan said, 'Dude, people love you because you'll do anything and you don't care. Don't start second-guessing yourself now. Don't be ashamed of anything. People love you because you're shameless.'

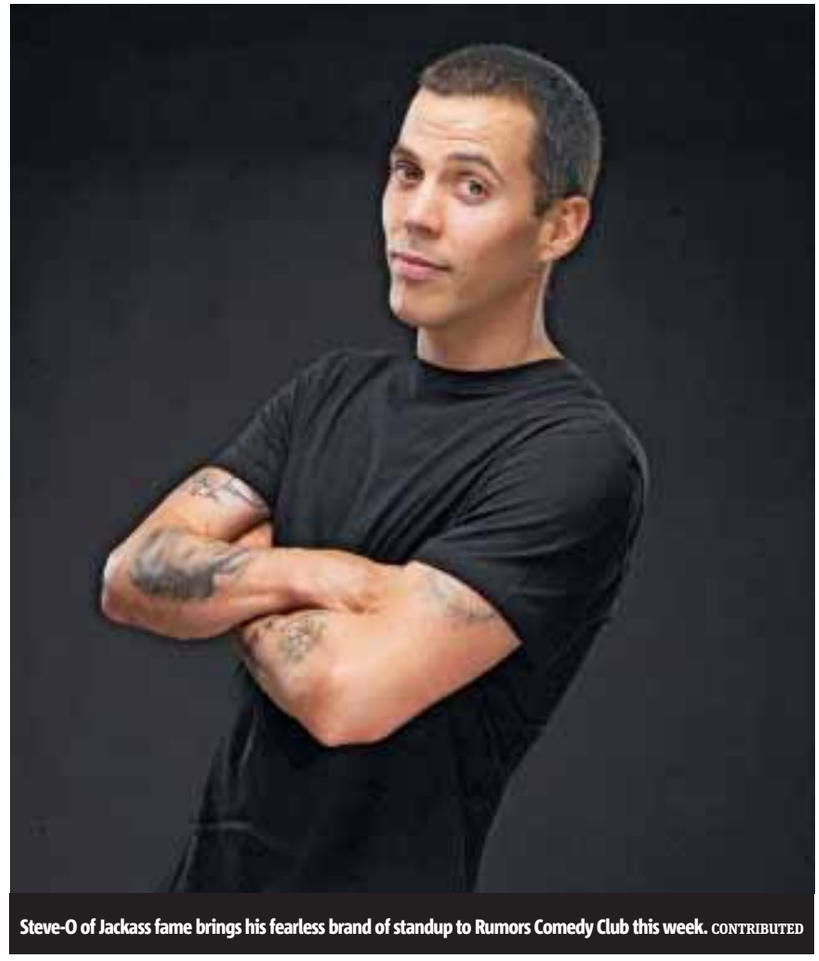
"Bryan telling me that was a big deal for me. I hung onto it."

Steve-O is at Rumor's Comedy Club Monday through Sunday. As of press deadline, there were few tickets left. Go to rumorscomedyclub.com for more information.

Quoted

"People love you because you're shameless."

Steve-O says hearing that from MADtv cast member Bryan Callen spurred him on.



Steve-O of Jackass fame brings his fearless brand of standup to Rumors Comedy Club this week. CONTRIBUTED

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Southdale MLA Erin Selby, St. Norbert MLA Dave Gaudreau, Local Government Minister Ron Lemieux and Waverley Heights Community Centre president Chuck Davidson chat following a press conference announcing three new spray pads. BERNICE PONTANILLA/METRO

New spray pads a 'no-brainer'

Splish, splash. Waverley Heights, Gateway Recreation and Lindsay Wilson Park set to get new additions in 2014

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

The Manitoba government is doling out $1.5 million for three new spray pads that will be run by the City of Winnipeg.

The spray pads, which are expected to be ready by next summer, will be built at Waverley Heights Community Centre, Gateway Recreation Centre in North Kildonan and Lindsay Wilson Park in Island Lakes.

Chuck Davidson, president of the Waverley Heights Community Centre, said supporting this project was "a no-brainer."

"We're thrilled with this, obviously," Davidson told Metro after the press conference wrapped up.

"It's an added benefit that we can provide the community, we're in one of the fastest growing parts of the city.

"The fact that we're going to be having a spray pad like this is something that we know residents are going to want to take advantage of, we've got a daycare that's going to take full advantage of (it)."

Davidson said his community centre services not just Waverley Heights, but Richmond West, University Crescent and the new Waverley West area.

He also gave props to local MLA Dave Gaudreau (St. Norbert) for spearheading the splash pad project for Waverley Heights.

Local Government Minister Ron Lemieux said it's important to offer this type of amenity in "growing communities."

"It's a recreation where it's not going to cost families anything, really, they just bring their kids, pack a lunch and enjoy a nice water park," he said, adding that while the weather may currently be cool, Manitobans like to take advantage of the short summers.

Funding:

- The money for the spray pads comes from the province's Building Manitoba Fund.

BOMBER CEO PREVENTS BURPEE BEATING

WHAT'S GOOD
Ace Burpee

All I need to know about new Blue Bombers CEO Wade Miller I learned at the University of Manitoba.

He was in his final year, and I was in my first year of Phys Ed. He had no idea who I was, but we all knew who Wade Miller was. He was the guy who was built like a beer keg and always looked a bit tougher than the toughest guy you knew. Never having spoken with him during my U of M days, you'd think I wouldn't have any stories about him. Not true! In fact, I have an awesome one, one I've told at fancy dinners whenever he's been a guest speaker or notable Bomber alumni guest.

Picture this: I'm 19 years old and alone in the bathroom at the Convention Centre during Oktoberfest — when Oktoberfest used to be the biggest gong show on earth. Three big dudes walk in. For whatever reason, they decide to start calling me names that I'm sure would be fine under Vladimir Putin's rule, but not so much here.

After voicing my distaste for their comments, I was informed I was about to take a beating. Just as the three dudes started to play pinball, (with me being the ball) ... in walks Wade Miller. Sensing a mismatch, he calmly and simply states: "That's my best friend. Don't touch him, and get out."

That was it. Ordeal over. I was not his best friend, nor had I ever spoken with him, as I said before. But I remember it as clearly as if it was yesterday.

I have no idea how this applies to being CEO of football club, all I know is I hope he succeeds. And thanks again, Wade. **ACE BURPEE IS A LOCAL WRITER, RADIO-SHOW HOST, PRODUCER AND SUPPORTER OF ALL THINGS GOOD.**

Winkler. Boy airlifted to hospital after being injured by parade float

A young Manitoba boy has been airlifted to hospital in Winnipeg after officials say he was injured by a parade float.

Const. Rick Wolfe with the Winkler Police Service says the boy was between five and 10 years old and had been part of the float crew at the annual Winkler Heritage Festival parade on Saturday. Wolfe says the boy was from the Winkler area and was listed in stable condition after the incident.

STARS Air Ambulance spokesman Colin Fast says it appears the boy was on the float at one point, but may have gotten off to either accept, or give out, candy. **THE CANADIAN PRESS**

Elmwood

Police search for purse snatcher

Winnipeg police are asking the public for help in tracking down a suspect involved in an alleged purse robbery in Elmwood Thursday.

A woman told police that a man armed with a knife confronted her in a parking lot and stole her purse. She was not injured. **METRO**

RCMP. Alcohol 'factor' in one of two fatal accidents on Manitoba highways

Separate highway accidents in Manitoba have killed three people, including two from Saskatchewan.

RCMP say the first of two accidents happened Thursday afternoon on Highway 14 in the Morden-Winkler area, when a car driven by a 16-year-old boy was hit from behind by a pickup truck.

The teen and father, both from Yorkton, Sask., were killed, while the teen's grandfather was taken to hospital in stable condition.

Mounties consider alcohol a factor in the second accident that killed a 45-year-old Winnipeg man when a pickup truck rolled Thursday evening. **METRO**

Hannah Gastonguay, holding her baby, Rahab, is followed by her husband Sean and the couple's three-year-old daughter Ardith, as they disembark in the port city of San Antonio, Chile, on Friday. The Arizona family was lost at sea for weeks after an attempt to leave the U.S. over what they consider government interference in religion. LAS ULTIMAS NOTICIAS/THE ASSOCIATED PRESS

Family quits U.S., gets lost at sea

Rescued after weeks adrift. Arizona clan was headed to the Pacific island nation of Kiribati in May

Ill-conceived plan?

"They were looking for a kind of adventure. They wanted to live on a Polynesian island but they didn't have sufficient expertise to navigate adequately."

Police prefect Jose Luis Lopez, who took the family's statement in San Antonio, in an interview with Chilean newspaper Las Ultimas Noticias.

A northern Arizona family has survived being lost at sea for weeks after an ill-fated attempt to leave the U.S. over what they consider government interference in religion.

Hannah Gastonguay and her family will fly back home Sunday after taking their two small children and her father-in-law and setting sail from San Diego for the tiny Pacific island nation of Kiribati in May.

Weeks into their journey, the Gastonguays hit a series of storms that damaged their small boat, leaving them adrift for weeks, unable to make progress. They were eventually picked up by a Venezuelan fishing vessel, transferred to a Japanese cargo ship and taken to Chile.

Their flights home were arranged by U.S. Embassy officials, Gastonguay said. The U.S. State Department declined to comment on Sunday.

The months-long journey has been "pretty exciting" and a "little scary at certain points," Gastonguay told The Associated Press by telephone.

The 26-year-old mother said they wanted to go to Kiribati because "we didn't want to go anywhere big." She said they understood the island to be "one of the least developed countries in the world."

She said her family was fed up with government control in the U.S. As Christians they don't believe in "abortion, homosexuality, in the state-controlled church," she said.

Kiribati is a group of islands just off the equator about halfway between Hawaii and Australia. THE ASSOCIATED PRESS

Toronto mayor. 'I had a couple beers,' video blown out of proportion: Ford

Toronto Mayor Rob Ford said he had a couple of beers at a street festival Friday night but contended videos that have sparked a torrent of criticism are being blown out of proportion.

"I drove myself down there, I was not drinking. I went out, had a few beers and I did not drive home. My people met me after that," Ford told his weekly radio show on News-Talk 1010.

Three videos posted online Friday show the mayor apparently enjoying a night on the town and bantering with residents.

Many people took to Twitter in response to the video posting to criticize and ridicule the mayor, accusing him of being drunk and scolding his behaviour.

"Yet another public shame from our mayor," one person posted on Twitter.

But Ford says he doesn't think he did anything that would offend anyone.

"Did I have a couple beers? Absolutely I had a couple beers," Ford said.

"I had a good time, I let my hair down."

Mayor Ford's behaviour has attracted international attention since news reports surfaced this year of an alleged video that appeared to show him smoking crack cocaine. THE CANADIAN PRESS

Rob Ford poses with Jaime Castillo on Friday at Taste of the Danforth. Videos and photos online are raising questions about Ford's behaviour. COURTESY JAIME CASTILLO

Near Montreal. Pilot, 26, dies in hot air balloon accident at festival

An international hot air balloon festival took a tragic turn on Sunday when a 26-year-old pilot died southeast of Montreal.

Maxime Trepanier had been taking part in the festivities at the 30th edition of a popular festival in St-Jean-sur-Richelieu.

Marie-Claude Beauvais, a festival spokeswoman, said the accident happened in nearby Mont-Saint-Grégoire, perhaps while the hot air balloon was landing. THE CANADIAN PRESS

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Man jailed in N. Korea very sick: Family

Hospitalization.
U.S. State Department has called for Kenneth Bae's release on humanitarian grounds

An American man detained in North Korea for the past nine months has been hospitalized after losing more than 50 pounds, and the need to bring him home is becoming more urgent, his sister said Sunday.

Kenneth Bae, a 45-year-old tour operator and Christian missionary, was arrested last November and accused of subversive activities against the communist government. He was sentenced in May to 15 years hard labour, and in letters to his family in the Seattle area he described working in the fields weeding and planting beans and potatoes.

His sister, Terri Chung of Edmonds, Wash., said Sunday the family recently learned that he has been transferred from the labour camp to a hospital. Her brother suffers from diabetes, an enlarged heart, liver problems and back pain, she said.

"He's considerably weaker," Chung said. "There's more urgency than ever to bring him home."

A deputy ambassador from Sweden met with Bae at the hospital Friday, Chung said. Sweden represents American interests in North Korea because the U.S. has no official diplomatic relations with the country.

For years Bae, a father of three, led small tour groups into a "special economic zone" designed to encourage commerce in the northeastern region of Roson in North Korea, Chung said.

Several years ago, Bae gave a sermon in which he advocated bringing Americans to North Korea for a mass prayer session to bring about the reunification of North and South Korea. The charges against him included "hostile acts" against the government. THE ASSOCIATED PRESS

In this undated family photo, Kenneth Bae poses with his niece Ella in Washington state. Bae, a U.S. tour operator and Christian missionary, was arrested in North Korea last November and he has been sentenced to 15 years of hard labour. COURTESY TERRY CHUNG/THE ASSOCIATED PRESS

Powerful Typhoon Utor hits Philippines

A worker folds a billboard ad that shows the San Antonio Spurs' Tony Parker ahead of powerful Typhoon Utor in Manila, Philippines, on Sunday. Utor made landfall in the northern Philippines on Monday, toppling power lines and dumping heavy rains across mountains, cities and food-growing plains and leaving at least 23 fishermen missing. There was no immediate word on casualties. AARON FAVILA/THE ASSOCIATED PRESS

Mali. Voters hope new president can bring peace

From the ancient desert town of Timbuktu to refugee camps in neighbouring countries, voters chose Sunday who should lead Mali out of the political upheaval that left the country's north in the hands of al-Qaida-linked militants for much of last year.

Mali's next president will be tasked with not only rebuilding the country's shattered economy but also resolving a simmering separatist movement in the far north. Voters heading to the polls on Sunday said they wanted a leader who could bring a lasting calm to the country following a year and a half of turmoil.

It was former prime minister Ibrahim Boubacar Keita's race to lose after winning nearly 40 per cent of the first-round vote and receiving endorsements from almost all the other candidates. He faced former finance minister Soumaila Cisse, and results are expected by Friday.

"Today everyone agrees that the man for the job is Ibrahim Boubacar Keita who can bring us security and peace because he's the one who can stand up to the Tuareg rebels who have put the country in this situation," voter Youssouf Coulibaly said. THE ASSOCIATED PRESS

Quoted

"The rain here is a blessing and a good sign."
Presidential candidate Ibrahim Boubacar Keita

Egypt. Morsi backers brace for police clashes

Supporters of ousted president Mohammed Morsi fortified their two Cairo sit-in sites as Egyptian security officials said their forces will move against the entrenched protest camps within 24 hours — perhaps as early as daybreak Monday.

At the main sit-in, vendors said they have sold hundreds of gas masks, goggles and gloves to protesters readying for police tear gas. Three waist-high barriers of concrete and wood have been built against armoured vehicles.

Egypt, where more than 250 people have been killed in clashes since Morsi was toppled July 3, braced for more violence as the four-day Muslim Eid celebrations wrapped up Sunday to end the holy month of Ramadan. THE ASSOCIATED PRESS

A newly wed couple stand before supporters of Egypt's ousted president Mohammed Morsi in Cairo on Sunday. MANU BRABO/THE ASSOCIATED PRESS

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Wartime sex slaves cry out for recognition

Second World War. Japan has retracted past apologies, says there's no proof girls abducted

Philippine former slave Estelita Dy speaks alongside supporters in Tokyo. SHIZUO KAMBAYASHI/THE ASSOCIATED PRESS

A tearful Philippine woman recounted Sunday how she was kidnapped by Japanese troops during the Second World War and forced into sex slavery, as she and her supporters gathered to demand Japan do more to bring justice to former "comfort women."

Estelita Dy, 83, and her supporters met in Tokyo as part of events to commemorate the day the first victim of Japanese sex slavery came forward on Aug. 14, 1991.

Rights groups are trying to gain support to have Aug. 14 become a UN-recognized memorial day as a way to pressure Japan to take responsibility.

Prime Minister Shinzo Abe has backpedalled from Tokyo's past apologies, saying there's no proof Japan's wartime government forced women into prostitution.

At Sunday's meeting, Dy's supporters criticized Abe's government for rejecting a UN panel's recommendations earlier this year that urged Japan to better educate the public and take steps to bring justice for the victims. THE ASSOCIATED PRESS

Two young boys laid to rest after being slain by python

Mandy Trecartin, back left, and Andrew Barthe follow the casket at the funeral for their sons Noah and Connor Barthe at St. Thomas Aquinas Roman Catholic Church in Campbellton, N.B., on Saturday. The two young boys were killed by a python while they slept in an apartment above an exotic pet store earlier in the week. ANDREW VAUGHAN/THE CANADIAN PRESS

Outcry on both sides

Israel, Palestinians apparently trade homes, prisoners

Israel approved building nearly 1,200 more settlement homes Sunday and agreed to release 26 long-held Palestinian security prisoners — highlighting an apparent trade-off that got both sides back to peace talks after a five-year freeze.

Yet voices on both sides were outraged, saying the price is too steep. THE ASSOCIATED PRESS

NSA scandal

Father set to visit Snowden in exile

The father of National Security Agency leaker Edward Snowden has secured documents to visit his son in Russia and plans to discuss how he could fight espionage charges, Lon Snowden said Sunday.

The elder Snowden isn't convinced his son would get a fair hearing in court, given the "absolutely irresponsible" descriptions of his son's actions from top lawmakers. THE ASSOCIATED PRESS

Suspect shot dead. Teen and abductor stood out in wild: Horseback riders

The four horseback riders who encountered a California teen and her abductor said Sunday that they decided to contact police because the pair seemed out of place and ill-equipped for the Idaho wilderness.

Mark John said the man, whom he later identified as the wanted James Lee DiMaggio, 40, wasn't friendly and carried only a light pack. The girl, 16-year-old Hannah Anderson, was wearing pyjamas.

DiMaggio was killed by authorities Saturday.

FBI agents are processing evidence at the campsite in central Idaho's Frank Church River of No Return Wilderness.

The mountainous area is extremely steep, and the closest point where the helicopters could drop the FBI Hostage Rescue Team was more than a two-hour hike away. The agents crept close to the camp, waited until DiMaggio and Hannah separated, and then moved in.

The case began when the charred bodies of Hannah's mother, Christina Anderson, 44, and the teen's eight-year-old brother, Ethan Anderson, were found on Aug. 4 in DiMaggio's burning house outside San Diego. THE ASSOCIATED PRESS

James Lee DiMaggio, 40, left, was suspected of abducting family friend Hannah Anderson, 16. SAN DIEGO SHERIFF'S DEPARTMENT/THE ASSOCIATED PRESS FILE

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News worth sharing.

It lifts, separates and then lights up

Flash your assets.
California clothing-maker predicts that illuminated apparel, like this LED bra, will soon be the norm

KATHRYN GILBERT
Metro World News

After five and a half years working in electronics for the U.S. Navy, Nick Kneuper went to a music festival and saw a piece of technology that caught his eye. And lo and behold, Electric Styles was born: An apparel brand that brightens your wares with electroluminescent wiring. The two-year-old Californian company lights up a variety of clothes, from bras to hoodies. Metro chatted to the ex-military man about his LED push-up bra, a $60-to-$70 US number powered by two AA batteries.

A model flaunts an LED light-up bra made by California company Electric Styles. ELECTRICSTYLES.COM

Why light up a bra?
Well, my girlfriend wore one to a club and the girls there went crazy over it.

Do you have any celebrity fans?
One of the top 20 most recognizable actresses in America is going to wear one of our bras in a 2014 feature film. But our clothes have been everywhere — (Brazilian actor) Rodrigo Santoro was wearing a light-up hoodie on MTV.

Which celebrity would you love to wear your bras?
All of them! But especially Megan Fox — I think she would love them.

Do you think one day people will wear light-up bras to the shops?
I think so. Culture is moving in the direction where light-up clothing is going to be every day. Also you can wear them under T-shirts so they shine through. Anyway, in a couple of years light-up clothing will be the norm.

Would you make matching underwear?
Every girl asks for that. It's difficult though because it's too flimsy — there's nowhere to put the battery pack.

Real estate. New data muddies predictions for housing market

Canada's much-watched housing market is sending out mixed signals these days — even for analysts.

A spate of fresh data and yet one more market-cooling tweak from Ottawa last week has put one of the most important sectors in the Canadian economy, and the most important asset-source for most Canadians, on a kind of death watch.

That's because while some of the data, such as home prices and starts, points to the soothing "soft landing" that homeowners, economists, banks and politicians are fingers-crossed hoping for, others, like land purchases and building permits, suggest the real message is: The crash is coming.

Last week, Statistics Canada reported that building permits in the residential sector fell 12.9 per cent in June, and permits for multi-unit dwellings — mostly condos — sank even further, by 18.8 per cent.

THE CANADIAN PRESS

Is the Canadian housing market in for a hard or soft landing? Confusingly, new figures point to both possibilities. THE CANADIAN PRESS FILE

Privacy. Retailers creating 'return profiles' on buyers

It's not just the U.S. government that might be keeping tabs on you. Many retailers are tracking people, too — or at least their merchandise returns.

The companies say it's all in the name of security and fighting fraud. They want to be able to identify chronic returners or thieves trying to make off with high-end products that are returned later for store credit.

Consumer advocates are raising transparency issues about the practice of having companies collect information on consumers and create "return profiles" of customers at big-name stores such as Best Buy, J.C. Penney, Victoria's Secret, Home Depot and Nike.

The practice led to a privacy lawsuit against Best Buy that eventually was tossed out.

Each year, consumers return about $264 billion US worth of merchandise, or almost nine per cent of total sales, according to industry estimates.

Many buyers aren't aware that some returns, with and without receipts, are being monitored at stores that outsource that information to a third-party company, which creates a "return profile" that catalogues and analyzes the customer's returns at the store.

THE ASSOCIATED PRESS

Surprise!

"I had absolutely no idea they were doing that. I honestly think it's an invasion of privacy."
Mari Torres, a shopper at the Pentagon City Mall in Arlington, Va.

At Best Buy stores in the U.S., a sign at each cash register states the return policy. It's also on the back of the receipt, telling consumers that returns are tracked and an ID is required. THE ASSOCIATED PRESS FILE

Outer space

Satellite maker putting work of art into orbit

If aliens ever target Earth, Jon Gibson and Amanda White are counting on their having a sense of humour and an appreciation for pop art.

The duo have created an elaborate Andy Warhol-like design that has been etched onto the panel of a satellite, transforming the spacecraft into a replica of an oversized electrical charging device.

Craig Clark, who runs the Scotland-based company preparing to launch the satellite on Oct. 29, said that of the 1,000 or so functioning satellites that race around Earth every day, there isn't one he knows of that also doubles as art.

THE ASSOCIATED PRESS

Interplanetary relations

"Maybe this will make (aliens) stop for a moment and say, 'These guys are nice. We're not going to destroy their planet.'" Artist Jon Gibson

Broadcast

Yukon RCMP to get own reality show

Yukon Mounties will soon get a starring role in their own reality TV show.

While filming hasn't even started, the yet-to-be named show is already raising concerns with community groups.

Glenda Hersh, president of True Entertainment, the production company that will be filming for the next few months, said it's an opportunity to tell a story that hasn't been told before.

"There are a lot of stories about policing in big cities but not as many in a place where there are so few people and so much wilderness," she said.

Hersh said her company is in negotiations with several networks to air the RCMP show in Canada, the U.S. and overseas.

News of the show has some groups asking questions. "Policing is not entertainment and never should be," Hillary Aitken, the program co-ordinator with the Victoria Faulkner Women's Centre, said in a statement.

THE CANADIAN PRESS

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Why is this city so ...

URBAN COMPASS

Colin Fast
winnipeg@metronews.ca

When you think of your city, what questions come to mind. Why is it so ... artistic? Corrupt? Sports-crazy? Filled with old people?

Recently, a few American bloggers have tapped into Google Autocomplete to see what common questions are being asked about states and cities. Autocomplete is the feature that prompts with popular phrases when you start filling in the search box.

Using the standard search "Why is (place) so," they've found out that Tampa is trashy, Vegas is awesome and Portland is weird.

While hardly scientific, it's a fun way to see what stereotypes are applied to particular locations.

So I decided to fire up Autocomplete and see what the world wants to know about some of Canada's major cities:

Why is Calgary so expensive/cold/boring/dry?

Dry? Have you people been watching the news? Expensive seems appropriate and I guess cold is subjective, but I was surprised to see the suggestion that Calgary is boring. It's a growing city with restaurants, nightlife, the Stampede and the mountains nearby. What do you people want, Vegas?

Why is Edmonton so windy/ugly/cold/expensive?

Quick! Everyone in Edmonton, start Googling positive things!

Why is Halifax so violent?

They seem so friendly, but according to Statistics Canada, Haligonians have an issue with violent crime, including one of the highest homicide rates in the country.

Why is Montreal so dirty/cold/popular/cheap?

The city has had three mayors in the past year due to a massive corruption scandal, so dirty isn't a surprise. On the plus side, affordable housing options and well developed transit and cycling networks make Montreal cheap.

Why is Ottawa so humid/boring/expensive/cold?

It's a city full of blowhard politicians and bureaucrats, so I think that explains the first three.

Why is Regina so obsessed with me?

Cady Heron, is that you? Odds are this has more to do with Mean Girls than the Regina we all know and drive around. However, another popular search phrase is definitely about the Queen City: "Why is Regina called the city that rhymes with fun?" Umm, yeah, you can just Google that yourself.

Why is Saskatoon so dangerous/expensive?

With great natural resources comes soaring property values.

Why is Toronto so expensive/humid/bad/windy?

The home of the Leafs, Raptors, Blue Jays, Toronto FC and Mayor Rob Ford is called bad? What a shock.

Why is Vancouver so expensive/warm/rainy/expensive to live?

A double-shot of expensive confirms my belief that Vancouver is a great place to visit, but I could never afford to live there. Plus, you know, the rain.

Why is Victoria so British/haunted?

The old buildings, gardens and tea at the Empress Hotel give Victoria a certain British spirit. But look out after dark, as apparently the hotel and nearby Bastion Square are home to completely different kinds of spirits.

Why is Winnipeg so cold/cold this year/violent/boring?

At least we're not expensive?

WE WANT TO HEAR FROM YOU: Send us your comments: winnipegletters@metronews.ca

Ajoy Pinto CONTRIBUTED

A great loss for our Metro family

Ajoy Pinto was a beloved member of the Metro family for seven years.

Thousands of readers met him through his work in the marketing and promotions department. Ajoy personally contacted Club Metro contest winners from coast-to-coast and regularly attended Metro events.

We're grateful to have known such a passionate, gentle, funny and talented man.

His sense of humour and kindness will always be remembered.

Ajoy Leon Pinto
Born: April 22, 1977
Passed away: Aug. 9, 2013
Beloved son of Tony and Alphonsa.
Brother of Arjun and Lisa.
Marketing dude. Visual artist. Photog. Sports junkie. Early adopter. Foodie. Movie buff. Baseball fan.
In lieu of flowers, donations can be made to the Gerry & Nancy Pencer Brain Trust.
Visitation and funeral will be at a Toronto location this week.
"If the world were perfect, it wouldn't be."
– Yogi Berra

ZOOM

How do you pick where to picnic?

PETER KLAUNZER/KEYSTONE/THE ASSOCIATED PRESS

This piece is a little bit patchy

People picnic on a huge picnic blanket Sunday on the Ruggisberg near Roggwil, Switzerland. The picnic blanket is an art installation called Bignick by the artistic twin brothers Frank and Patrik Riklin.

GETTY IMAGES

Embedded in society

"It should be placed in the middle of society, not in the museum! The best pieces of art are not recognized as such."

Frank Riklin said on his website.
The duo began creating interventions in public spaces 10 years ago while they were both studying at art schools separately in Zurich and Berlin.

Playing jokes like when they were kids

Their projects often engage with people who become actors in a performance. Sometimes their works have social implications that are partly a gag, and part philanthropy.

One project is a shabby phone that the twins installed on the side of the town hall building in Chur, Switzerland, that functions to raise money for deaf people. The potential donor calls a number and establishes how much they would like to donate to the project. At that point the telephone set up in Chur rings, and any passerby who answers the call saves the donation from dropping. METRO

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SCENE 2

5 song of summer contenders

Find out why Robin Thicke and Icona Pop think their multiplatinum hits should be named "song of the summer." And for Miley Cyrus, Daft Punk and Bruno Mars, who weren't available to chat, here are some lyrics from their anthems to defend their honour.

THE ASSOCIATED PRESS

You know you want it

Blurred Lines: Robin Thicke, featuring T.I. and Pharrell
"It has a (nice) tempo, it has a sense of humour and it feels like live music instead of that synth and digital sound, which Daft Punk has (with Get Lucky) and (Bruno Mars') Treasure has," Thicke said of his infectious, naughty jam, the longest-running song on the Billboard Hot 100 chart this year at eight weeks (and counting).

Call it luck

Get Lucky: Daft Punk, featuring Pharrell
"We've come too far to give up who we are, so let's raise the bar and our cups to the stars," Pharrell sings on a disco-flavoured beat that heals the soul. "The present has no ribbon, your gift keeps on giving, what is this I'm feeling, if you wanna leave I'm with it."
Sounds like a plan!

A 2012 song dominates in 2013

I Love It: Icona Pop, featuring Charli XCX
"People get wild when they hear it and it's like liberating and everybody can sing along to it. It's a party song or it's at least a song you can party to even though the message is coming out from a really hard heartbreak," said Caroline Hjelt of the Swedish duo. "If you're in the car on your way to something or festivals or pre-parties or out at the club, it works in so many ways."

Can't stop, won't stop

We Can't Stop: Miley Cyrus
"It's our party we can do what we want to, it's our house we can love who we want to, it's our song we can sing if we want to, it's my mouth I can say what I want to," Cyrus sings on her musical coming-out anthem that was originally meant for Rihanna. She's ready for the spotlight.

Golden hit from pop's golden boy

Treasure: Bruno Mars
"Pretty girl, pretty girl, pretty girl, you should be smiling; a girl like you should never look so blue," Mars sings in a matter-of-fact manner over a welcoming beat on his 11th top 10 hit. "You're everything I see in my dreams, I wouldn't say that to you if it wasn't true."
How sweet.

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Angelina Jolie ALL IMAGES GETTY

Bubble bubble toil and trouble: Jolie's such a witch

Angelina Jolie admits that on the set of Maleficent, she had the tendency to terrify children while in costume as the Sleeping Beauty baddie. "These little kids would visit the set and I would think, 'Oh, I am a Disney character,' so I would go over to them and say, 'Hi there!' They would just scream," she said while introducing footage from the film at Disney's D23 Expo over the weekend. "One little kid even said, 'Mommy, please make the mean witch stop talking to me.'" There was one little kid who wasn't fazed by Jolie's appearance: her daughter, who also has a part in the film. "Vivienne was the only four-year-old who didn't scream when she saw me," Jolie said.

Oprah Winfrey

Admirable Oprah stays classy in the face of blatant discrimination in Zurich

Even Oprah Winfrey isn't safe from discrimination, as she learned while shopping for a handbag in Zurich recently. Winfrey tells Entertainment Tonight that when she asked a clerk at the chic Trois Pommes boutique to see a $35,000 Tom Ford bag, the clerk refused. "She says to me, 'No. It's too expensive,'" Winfrey remembers. "'That one will cost too much and you will not be able to afford that.'" Winfrey, who earned an estimated $77 million in the last year, decided not to make a scene. "I could have had the big blowup thing and thrown down the (American Express) black card and all that stuff, but why do that?" she says. A spokeswoman for the boutique calls the episode "an absolute misunderstanding," saying the problem was the clerk did not recognize Winfrey.

Twitter

@bobsaget
I don't like to drink alone 'cause there's nobody to fight with.

@billmaher
I'm leaving for a real vaca. To an island. If u dont hear from me in a week im off the grid! 2 wks call for help, Putin's got me!

@SarahKSilverman
I'm hiding. Hint: I'm in a ball in my bed!

Vince Vaughn

Welcome sonny boy! Vince Vaughn celebrates birth of second child

Vince Vaughn is a dad once again. The Wedding Crashers star and his wife, Kyla Weber, welcomed their second child, a boy, last week, according to Us Weekly. The baby boy, named Vernon Lindsay Vaughn, joins two-year-old big sister Locklyn Kyla Vaughn. Vernon arrived weighing in at eight pounds, four ounces at a hospital outside of L.A.

The Word

Oh baby, it's been quite a week with the Kardashians

Just in case you needed to know what is up with America's favourite Armenian family, it looks like Kourtney Kardashian has some explaining to do. On Thursday, Michael Girgenti, a professional model, filed a paternity suit in Los Angeles County Superior Court, saying that he had a one-night stand with Kardashian. Which wouldn't be all that noteworthy, except he is saying her son Mason is actually his and not Scott Disick's. The model is now seeking joint custody of Mason. Kardashian's lawyer, Shawn Holley, said in a statement that Girgenti's accusations are "false and defamatory."

Meanwhile, sis Kim Kardashian is still refusing to sell pictures of baby North West. TMZ is reporting that she and baby daddy Kanye West have been offered upwards of $3 million for pictures of the tot, but they have declined all offers. Per the website, Kim and Kanye are either going to release them to an upscale publication (Vanity Fair is reportedly being thrown around) or they are going to put them up on social media, a la Blue Ivy.

Fun chores

Matching up missing socks

Our clothes dryer seems to be a Bermuda Triangle for socks and I'm sure yours is the same. They go in as a pair, but come out individually on different occasions.

When a sock comes out on its own, I throw it into a container.

Each time I do laundry and a new batch of one-sided socks come out, I make it into a fun matching game for the kids.

I have them go through all the new socks and the socks in the container to see if there are any matches. The kids have fun searching for matches and it always results in a few happy sock reunions!

GWEN LERON/YUMMYMUMMYCLUB.CA

Safety tips

Taking your children into crowds

If you are going into a crowded venue with young children, here are three easy safety steps you can always employ to ensure their safety — and your sanity.

1. Put your business card in the child's pocket.

2. With a marker, write your cellphone number on the back of the child's hand.

3. Take a photo of each child with your phone. Should you become separated from a child, it will be easier for you to be reconnected.

EVELYN HANNON/ YUMMYMUMMYCLUB.CA

Exclusively Online

Read comedic (mis)adventures of parenthood online, with a glass in hand, with Reasons Mommy Drinks at metronews.ca/voices

Life according to kids

Lessons. We could learn a lot from our children — like friendliness, curiosity and simply saying hello

TANYA ENBERG
yummymummyclub.ca

With a baby comes the old neighbourhood lady in the faded floral frock.

Sitting on our front porch bench is the only cue this woman needs to climb our stoop and, using a squeaky, high-pitched voice, repeatedly tell our child she loves him.

She also calls out an onslaught of orders (she wants him to shake her hand, wave, smile and clap). That he's not a circus monkey willing to perform tricks on demand only makes her press harder. "Shake my hand! Here! Here! Shake my hand!" she says over and over.

We don't know this woman. In fact, she barely acknowledges us, which makes this all more than just a little strange.

We suspect she's lonely, that this small interaction makes her day, so we're patient.

Adults, take notes from kids and smile at people you pass by instead of avoiding eye contact at all costs. ISTOCK

Of course this overzealous, baby-induced behaviour is not exclusive to her. Nothing turns presumably sane folks into big piles of goo-goo-ga-ga mush quite like fresh-faced, apple-cheeked babies.

Indeed they can inspire even the grouchiest of adults to start babbling nonsensically like oversized infants.

It's understandable — getting treated to a little squish's gummy grin is like being hugged inside and out.

It is somewhat addictive, really. We find them irresistible because they are refreshingly open to the world and fascinated by the people in it.

For instance, our son doesn't turn steely-faced when someone looks his direction. He doesn't try to avoid eye contact by sticking his nose in a giant picture book.

Like his very huggable peers, he's not cynical or greedy and he doesn't know how to lie. He is naturally warm and kind, and has boundless amounts of unbridled curiosity.

Parents, don't you just wish you could bottle this innocence, wonderment and untarnished state of being and hold onto it forever?

If only we could keep just some of that spirit alive.

The number of passersby willing to wave, giggle, coo and play peek-a-boo with unfamiliar children is astonishing, but the rate at which they close down the instant they see another grownup is depressing.

For a moment, like the creaky lady who lives up the street, they've made a connection. Then, just as quickly, they've hardened up, put on a coating of thick, impermeable skin, and set off again.

Certainly I am not suggesting we go around greeting everyone like overexcited puppies, but basic civility wouldn't be too much to ask for, would it?

We could simply acknowledge one another. Smile. Say hello.

We could learn a lot from these tiny, happy creatures that so easily draw us out of our protective shells.

After all, we were once just like them, smiling, laughing and loving fully. Living vivaciously and unselfconsciously and inquisitively.

And, finally, we were appreciative of the simple things in life, and that truly is no small thing.

YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD

He's got those home from camp blues

How can parents help transition kids from exciting camp life back to the reality of home?

A welcome home party

When my son went to camp for the first time, he was greeted with "Welcome Home" signs, giddy siblings, neighbours, cousins and friends. We had his favourite meal ready for him and the kids had an evening in the pool. Coming home felt pretty darn good.

Plan activities

Don't let them come home and wallow in boredom. Remind them that being home is fun too and plan some fun family outings.

Support new interests

Maybe they learned a bit of guitar, enjoyed being in the camp play or discovered they had a flare for arts and crafts. Joc Palm, Director of Glen Bernard Camp suggests encouraging them to continue with these interests with local classes. Supporting their new camp interest at home is a positive step in helping with the transition home. Palm also suggests that campers contribute to a school or community project that embodies their camp's values. Camp has fostered an incredible appreciation of nature for my girls. As a result, they have been involved in projects and protests that make both them and their camp proud.

Pen pals

When my son comes home from Camp Ponacka, he is holding on tight to his "Rag Bag" — a journal given to all of the boys including email and snail mail addresses. Camp Director Anne Morawetz says encouraging the boys to keep in touch makes being away from their summer buddies a little less painful.

Social media

If your kids are on social media, they can stay connected with camp through Facebook and other channels. It is a great way for a child to keep that connected feeling to camp.

JULIE COLE/YUMMYMUMMYCLUB.CA

What's black and white and yummy all over? This dish

This Soy Maple Sesame Crusted Chicken dish serves four. COURTESY ROSE REISMAN

ROSE REISMAN
rosereisman.com

This is a simple and delicious trendy Asian chicken dish that goes well over soba noodles.

The sesame seed coating gives a crunchy texture to this meal. If you can find the black and white mixed sesame seeds, the appearance is enhanced.

Ingredients

- 1 egg
- 2 tbsp 2% milk
- 1 lb (500 g) boneless chicken breast
- 1/2 cup (125 ml) toasted sesame seeds
- pinch of salt and pepper

Soy maple glaze

- 1/4 cup (60 ml) soy sauce
- 1/4 cup (60 ml) maple syrup
- 2 tsp (10 ml) cornstarch

- 4 oz (125 g) soba noodles
- 2 tbsp (30 ml) chopped cilantro for garnish

1. Preheat the oven to 375 F (190 C). Line a baking sheet with foil sprayed with vegetable spray.

2. Combine egg and milk, dip chicken breast in wash, then in sesame seeds, and salt and pepper. Place on baking sheet and bake 15 minutes or until the temperature reaches 160 F (71 C). Let cool for 5 minutes.

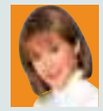
3. Boil soba noodles until just tender (about 5 minutes). Drain and place on serving dish. Place chicken overtop.

4. To make the soy maple glaze: Place soy sauce, maple syrup and cornstarch in a small saucepan and whisk until the cornstarch is dissolved. Bring to a boil and simmer for 2 minutes just until slightly thickened.

5. Drizzle glaze over chicken and garnish with cilantro.

Healthy eating

Choose it and lose it



ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

Brunch is the quintessential weekend meal, but some staples are loaded with calories, fat and sodium.

Omelette, 4 sausages, hash browns, 2 biscuits, whipped butter

2,200 calories /140 g fat / 5,700 mg sodium

It has more than a day's calories, two days of fat and four days of sodium!

Equivalent

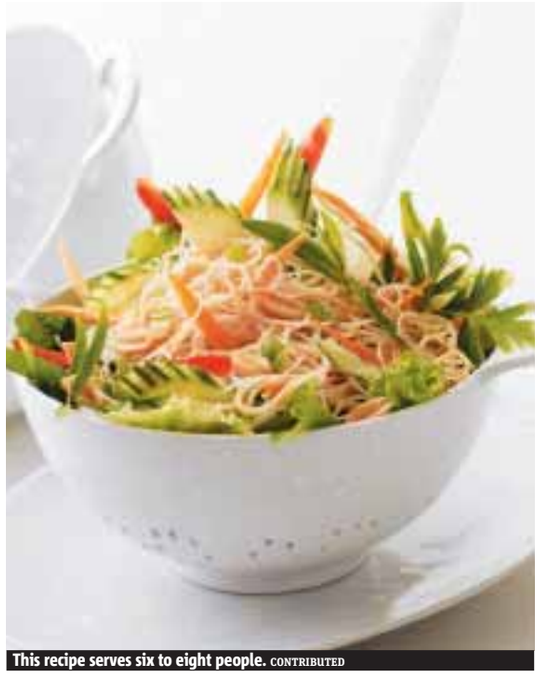
A plate of omelette, four sausages, hash browns, two biscuits and whipped butter is equivalent in sodium to four 235-gram bags of Ruffles Regular potato chips.

Omelette (ham-cheese) veggies, fruit, English muffin and bacon

900 calories / 61 g fat / 1,800 mg sodium

This choice is filling and more nutritious. Enjoy it on a weekend only.

Lunch. Asian Noodle and Vegetable Salad



This recipe serves six to eight people. CONTRIBUTED

Ingredients

- 1 small clove garlic
- 1 inch (2.5 cm) peeled and grated fresh gingerroot
- 2/3 cup (160 ml) peanut butter
- 1 cup (250 ml) milk
- 3 tbsp (45 ml) soy sauce
- 1/4 tsp (1 ml) hot pepper sauce
- 1/3 cup (80 ml) rice vinegar or cider vinegar
- 8 oz (250 g) thin rice noodles
- Boiling water
- 2 carrots, cut into matchsticks
- 1 red bell pepper, halved and cut into thin strips
- 1/2 English cucumber, thinly sliced
- 2 tbsp (30 ml) chopped fresh basil or fresh mint, or both
- Torn salad greens
- Chopped peanuts

1. Peel garlic and peel and grate gingerroot. In a blender, purée garlic, ginger, peanut butter, milk, soy sauce and hot pepper sauce until smooth. With motor running, drizzle vinegar through hole in lid until blended; let stand for 10 minutes.

2. In bowl, cover rice noodles with boiling water; let soak, stirring occasionally for 2 to 3 minutes or until softened, according to package instructions. Drain and rinse under cold water. Return to bowl.

3. Pour dressing over noodles and add carrots, red pepper, cucumber and basil; toss gently to coat. Line serving plates with greens and top with noodle salad. Drizzle with dressing left in bowl and garnish with peanuts.

DAIRY FARMERS OF CANADA (FAMILYKITCHEN.CA)

Does earlier to rise mean later to wise?

Drowsy at the desk.
The debate about ideal school start times snoozes on as parents worry about an extra-curricular collision

Studies have shown that young children are natural larks — up with the sun — while adolescents become more owl-like as puberty progresses. ISTOCK

Quinn Cooney of Mill Creek, Wash., is excited about starting high school in September, but she's not looking forward to waking up at 5:30 a.m. to arrive on time. Classes for ninth-graders start at 7:30 a.m., 45 minutes earlier than they did in middle school.

"I think it is going to be harder to get up," said Quinn, 13. "I do think it is better to start early so that we can be finished early and do things after school, but I am worried that if I have a boring class for my first period that it will be hard to stay awake."

Decades of sleep research have confirmed what parents know: It's hard for teenagers to wake up early. Some high schools have adopted late starts around 8:30 a.m. to improve attendance and performance. But other districts say it's too complicated to shift schedules because of logistics involving buses and after-school activities.

About 40 per cent of U.S. public high schools open before 8 a.m., according to the U.S. Department of Education's National Center for Education Statistics, with just 15 per cent starting 8:30 a.m. or later. In districts where early starts are necessary because the same bus does multiple runs for high school, middle school and elementary students, teens often get the early shift.

That's the case in Anne Arundel County, Md., where public high schools start at 7:17 a.m. and buses start running at 5:50 a.m. Lisa Rodvien taught high school there, in Annapolis, and says attendance at her first-period classes was "as low as 50 per cent or below."

It's about time

Still, advocates say several studies show the benefits of late start schools outweigh the drawbacks.

- In 1996, high school start times in Edina, Minn., changed from 7:20 a.m. to 8:30 a.m. The change improved attendance, decreased tardiness and left kids more alert, better prepared and even less depressed and less likely to visit school nurses, according to studies led by Kyla Wahlstrom, director of the Center for Applied Research and Educational Improvement at the University of Minnesota.

Among those who showed up, "I would definitely see three or four kids with their heads down. You walk over to them to wake them up and get them to sit up, and you see that they're exhausted."

Earlier this year, Anne Arundel school officials laid out options for delaying start times to anywhere from 7:32 a.m. to 9:45 a.m. along with potential complications, such as additional costs if buses are added, child care issues where late-day schedules might prevent teens from picking up younger siblings after school and implications for teams if they end up playing in the dark. Bob Mosier, spokesman for Anne Arundel schools, said no decisions have been made.

But the focus on logistics is frustrating for Heather Macintosh, spokeswoman for a national organization called Start School Later that's headquartered in Annapolis.

"What is the priority?" she said. "It should be education, health and safety. All the other stuff may not be perfect — you may have to have your violin lesson before school or install lights on your field (for sports) — but it will work itself out."

Megan Kuhfeld, a graduate student at the University of California-Los Angeles who's been studying late-start debates since she was an undergrad at Duke University in North Carolina, surveyed some 35 districts that switched to later starts and found most were glad they'd made the switch.

Not only did students benefit, for the most part, but "the things people had feared — how transportation would be affected, how sports would be affected — became the new normal and people adjusted," she said.

But Kuhfeld knows firsthand the pros and cons of late-start high schools, having attended one in Chapel Hill, N.C. "I enjoyed waking up later than everyone in the area next to me where there were early start times," she said. But as a member of the tennis team, she had to miss sixth and seventh period classes to compete at other schools. In junior and senior year, that meant classes had to be made up. "It was hard to balance everything," she said. "I'd get home at 8 p.m. and hadn't had dinner yet."

THE ASSOCIATED PRESS

From A to w

"What is the priority? It should be education, health and safety. All the other stuff may not be perfect — you may have to have your violin lesson before school or install lights on your field (for sports) — but it will work itself out."

Heather Macintosh
Spokeswoman for Start School Later

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Sisters of success

Moving on up. It's still a struggle for women to win in the working world, but they're fighting a bold battle

ASHLEY MILNE-TYTE
TalentEgg.ca

Female entrepreneurship has always lagged behind men's — for decades, women couldn't even open a bank account without a husband or male relative co-signing — but women are making up for lost time. Between 1997 and 2013 the number of women-owned businesses leapt by 59 per cent. Today, according to American Express Open's annual report on female entrepreneurs, there are 8.6 million women-owned businesses in the U.S. Almost a third of firms are owned by women. And female entrepreneurship is undergoing a demographic shift: back in 1997, 17 per cent of firms were owned by women of colour. Today, that number is 31 per cent.

Julie Weeks of Womenable, a consultancy, says all this reflects women's growing educational accomplishments, experience in the workplace, and confidence. Still, entrepreneurship is far from an easy road.

"Only one in 10 or so adults in the U.S. owns their own business," she says. "It is a daunting thing to do. If you don't work, you don't get a paycheque. You have to have a certain iron gut to take that step and do it."

Although plenty of women have that iron gut, women-owned businesses bring in just four per cent of business revenues. In short, most women-owned firms stay small. Very small. Weeks spends a lot of time talking about how female-owned businesses can grow, employ others and help the economy. But she recognizes that many women want to be "solopreneurs" — to build their work around their schedules and to serve clients on their own terms.

ASHLEY MILNE-TYTE IS A RADIO PRODUCER AND JOURNALIST WHOSE PODCAST — THE BROAD EXPERIENCE — TAKES A LOOK AT WOMEN IN THE WORKPLACE

Minding your own business

When going out on your own for the first time, some rules apply:

- Be prepared to work hard — probably harder than you ever did in an organization. You are now responsible for landing all your own work. Many entrepreneurs need to be in perennial marketing mode to get that next gig.
- Make sure your online presence is up to scratch — that means having an attractive website that accurately describes what you do, and using social media on a regular basis. Depending on what you do, you may also want to start a blog. Have an opinion. You need to stand out amongst many competitors.

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Rafael Nadal celebrates his victory over Canadian Milos Raonic during the Rogers Cup final on Sunday in Montreal. PAUL CHIASSON/THE CANADIAN PRESS

Nadal extends Canadian drought

Rogers Cup. Spaniard beats Ontario's Raonic, who is now ranked 10th in the world

Milos Raonic called it a learning experience.

It certainly wasn't the victory party the Uniprix Stadium crowd was hoping for as Rafael Nadal took only one hour, eight minutes to down Canada's top tennis player 6-2, 6-2 in the $3.49-million US Rogers Cup final on Sunday.

But it had taken 55 years for a Canadian just to get to the final of the country's biggest tournament, so Raonic had much to celebrate despite the defeat.

For one, by reaching the final he will be ranked 10th in the world when the next rankings appear Monday morning, making him the first Canadian to crack the top 10. He will be the youngest player in the top 10 as well.

"The tournament overall was a great thing," the 22-year-old from Thornhill, Ont., said. "There were a lot of situations that I'm very happy with the way I dealt with them, and there were a lot of learning experiences through it all.

Women's draw

Serena Williams breezed to her third Rogers Cup title with a 6-2, 6-0 victory over unseeded Romanian Sorana Cirstea in Sunday's final.

- Williams's path was cleared by the absence of Maria Sharapova, Victoria Azarenka and Marion Bartoli, all due to injury.

"A lot of stepping stones that I need to do in my career happened this week, so that's great. The match, obviously I'm a little disappointed with myself. I would have hoped to deal with that situation a little bit better."

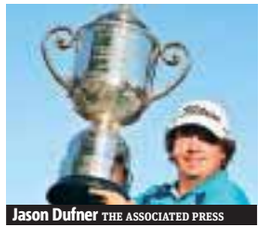
The last Canadian to reach the final of what was then called the Canadian Open, the now 81-year-old Robert Bedard of Sherbrooke, Que., was among more than 11,000 spectators at centre court to see the power-serving Raonic meticulously taken apart by Nadal's service returns and brilliant baseline play.

THE CANADIAN PRESS

PGA. Duf man walks away with the biggest cup

Jason Dufner won his first major title with a two-stroke victory over Jim Furyk at the PGA Championship.

Dufner bogeyed the final two holes Sunday for a 2-under 68 that was good enough to hold off the 2003 U.S. Open champion. The winning score was 10-under 270. THE ASSOCIATED PRESS



Jason Dufner THE ASSOCIATED PRESS

Back on top. Bolt reclaims world championship

Usain Bolt restored order to the world of sprinting.

Reclaiming the 100-metre world championship gold he lost through a false start in South Korea two years ago, the Olympic champion once again holds every major sprint title there is. And he shook off rain, sore legs, a slow start and any doubters Sunday to prove there never has been an athlete quite like him.

"For me to come in and regain my title, it's always great to be back," said Bolt, who finished the race in 9.77 seconds.

Justin Gatlin of the United States was second in 9.85, while Bolt's teammate, Nesta Carter, took bronze in 9.95.

THE ASSOCIATED PRESS

Doubleheader Sunday

Goldeyes rally to win series

Nearly 20 hours after the scheduled start on Saturday night, the Winnipeg Goldeyes and Sioux Falls Canaries finally completed their rain-delayed-turned-suspended match as the American Association North Division clubs played a pair on Sunday to wrap their three-game set.

The Fish struggled in the first game, losing the hit battle 10-3 en route to a 2-1 Sioux Falls victory.

Winnipeg starter Pete Gehle dropped to 4-6 with the loss.

The Goldeyes offence came alive in the second game, combining with starter Chris Salamida, who scattered four hits over 6 1/3 shutout innings, to help the Fish clinch the series with a 4-2 win to improve to 42-37 on the year.

Since coming out of retirement in late July, Salamida is 3-0 with a rock-solid 3.15 ERA in four appearances.

Patrick Keating earned his 15th save of the year despite allowing a two-run inning of relief.

Winnipeg sits eight games back of the division-leading Fargo-Moorhead RedHawks with 21 games remaining, but just 4.5 back of the AA wild card currently held by the Central's Gary SouthShore RailCats.

The Fish play 11 of their next 14 games on the road, beginning with four this week in Sioux City, Iowa.

DARRIN BAUMING/FOR METRO

MLB

Jays' pen implodes in loss to Athletics

R.A. Dickey couldn't keep the baseball in the yard again, but ultimately the Toronto Blue Jays were done in by a faltering bullpen.

After a respectable outing from Dickey, an eighth-inning implosion by veteran reliever Darren Oliver was enough to cost the Blue Jays in a 6-4 loss to the Oakland Athletics on Sunday afternoon in Toronto.

Oliver, who hadn't allowed a run in his past five appearances, entered with the score tied 3-3 and gave up three earned runs on four hits.

THE CANADIAN PRESS

Horoscopes

♈ Aries
March 21 - April 20
It can, of course, be fun taking life a day at a time but the more you look ahead and visualize where you are going the more likely it is your dreams will come true

♉ Taurus
April 21 - May 21
Make an effort to co-operate with people today, even though some of the idiots – sorry, associates – you have to deal with are annoying in the extreme.

♊ Gemini
May 22 - June 21
Keep your senses on full alert today and you could see or hear something that benefits you in surprising ways. It does not matter what the source happens to be, just make sure you are the first to react – and act.

♋ Cancer
June 22 - July 23
Greet the week with a song in your heart and a smile on your face and don't let anyone upset you in any way.

♌ Leo
July 24 - Aug. 23
Don't keep your ideas to yourself – make sure everyone knows what is buzzing around that big brain of yours. Someone in a position of power may like one of your ideas to such an extent that he backs it with money.

♍ Virgo
Aug. 24 - Sept. 23
You will enjoy being put to the test over the next seven days. It gives you the chance to show what you can do – and you can do plenty. If ever there was a time to impress important people, that time is now.

♎ Libra
Sept. 24 - Oct. 23
You may be wondering if you are smart enough to compete with people who are more experienced than you. You won't know until you try but the planets indicate you'll do okay.

♏ Scorpio
Oct. 24 - Nov. 22
Even if you are stuck behind a desk or in some other way forced to stay in one place you can imagine where you would like to be – and will be before long if you have anything to do with it. Never stop dreaming.

♐ Sagittarius
Nov. 23 - Dec. 21
Get-rich-quick schemes are rarely a good idea, so maybe you should think twice, if not three times, before signing up to something you cannot know for sure will be a success.

♑ Capricorn
Dec. 22 - Jan. 20
All may seem well with your world at the moment but don't lose sight of the fact that you have an important issue to take care of before the week ahead is done.

♒ Aquarius
Jan. 21 - Feb. 19
When dealing with people, one-to-one or in groups, focus on what you have in common rather than what divides you.

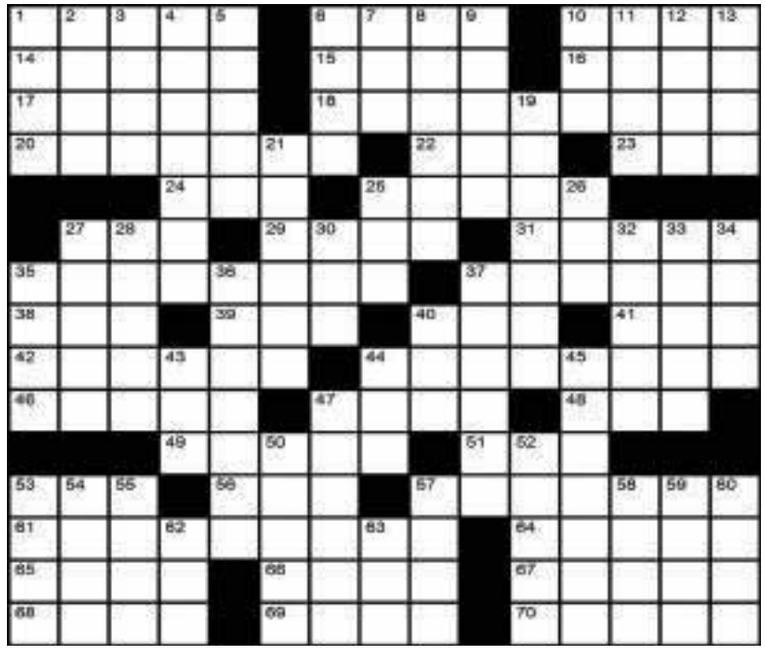
♓ Pisces
Feb. 20 - March 20
You will find it easy to express your affection for, well, just about everyone today. It's because you can see a bit of good in each and every individual. The world would be a better place if there were more people like you in it.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

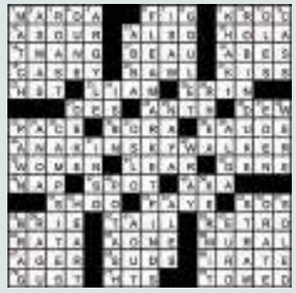
BY KELLY ANN BUCHANAN



Across
1. __ Bay, NS
6. Butterfingers reaction!
10. Vocalist variety
14. Input user-name/password info: 2 wds.
15. Uncommon
16. Riviere-du-__, QC
17. For everyone to hear
18. Laurentians resort, Mont-__
20. Fridge door decorations
22. The Company org.
23. "__ Boot" (1981)
24. Three, in Italy
25. Finicky
27. Train co.
29. Horse gait
31. Somewhat
35. Car company
37. Glum
38. 1965 hit for The Miracles: "__ Baby Baby"
39. "Ho __" by The Lumineers
40. Banqueted
41. Tony Orlando's tree
42. Actress Laura
44. Common indoor nuisance
46. Apprehension
47. Had in hand
48. Cadillac _ _ _
49. Instrument on The Beatles' "Norwegian Wood"
51. Suffix with 'Capital'
53. Watering hole
56. Small batteries
57. David's formidable opponent
61. Group of Seven painter, _.__ __ (b.1882 - d.1974)
64. Accustom or harden
65. Prep the present, with It
66. Betty White's "Hot in Cleveland" role
67. "Me and Bobby __" by Janis Joplin
68. Call from the supermarket counter...
69. Reservations spot
70. Get the tea ready

Down
1. '70s music genre, __Rock
2. The Kinks hit
3. Excited
4. Canada, for one
5. Bitter-__ (Diehard)
6. Supper scraps
7. Propel the canoe
8. Chopped ahead of time
9. 18-wheelers
10. Totally
11. Bunch of clothes in the washing machine
12. Salmon alternative
13. Selects
19. Channel-Port aux __, Newfoundland
21. Tea bags brand
25. Not against
26. Actor Mr. Brynner
27. Church singing group
28. Likely to
30. Singer, Lana Del __
32. Upward
33. Sigils
34. Like the pen's blue stuff
35. Frigid
36. New Brunswick town, 'The Lobster Capital of the World'
37. Dancer's rehearsal spot
40. ISP, e.g.
43. "If I Ruled the World" rapper
44. Not him
45. Dodo Bird's status
47. Inconvenience
50. Marvin Gaye/Kim Weston duet: "It __ Two"
52. Slenderizes
53. Like the carpenter's wood
54. Funeral rite sight
55. Town that's east of Toronto
57. Pesky bug
58. Eye: German
59. Tire swing supporter
60. Uriah __, Charles Dickens character
62. Appropriate
63. Cheese from Quebec

Friday's Crossword

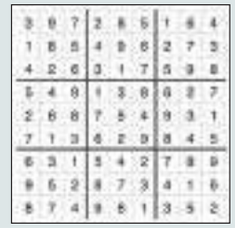


Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

		5		4			8	
	7	6		8				
3		8			6			
	8	1						7
	9		5		7		4	
4						5	2	
			8			1		2
				3		9	6	
	3			9		7		

Friday's Sudoku



Weather

TODAY	TUESDAY	WEDNESDAY
MAX: 24° MIN: 10°	MAX: 24° MIN: 10°	MAX: 25° MIN: 13°

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